

# HOPEhouse

*Where Hope Meets Opportunity*

## INTRODUCING HOPEhouse...

- HOPEhouse is a transitional residential program that supports young adults in their quest to live independently despite learning or physical challenges.
- Personalized services and programming are available that assists young adults with learning the skills necessary to move on to the next stage in life.

Services include:

- Individual Service Plans
- Case Management
- Community Activities & Involvement
- Educational Supports
- Health & Self-Medication
- Money Management Training
- Relationships & Peer Group
- Individualized Transition Planning



Core training includes:

- Menu Planning, Cooking & Shopping
  - Social Skills Training
  - Recreation Planning & Activities
    - Vocational Training & Support

Additional courses include:

- Human Rights Training
- Fire & Safety Training
  - Independent Transportation
  - Diversity Awareness

- Mini-course curriculum provides structured teaching and learning in a supportive environment.
- The program operates in a newly constructed residence that is located in a lovely residential community in Lexington, MA adjacent to Cotting School's 14-acre facility.
- The goal is for any individual to emerge from the program ready and able to live and work in a more independent setting.

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